

International Chinese Society of Physical Activities and Health

Newsletter

国际华人体育与健康学会

简报

July 2023



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Successful Completion of 2023 ICSPAH Virtual Conference

The 2023 ICSPAH annual conference took place online during May 26–27. The conference started with an opening ceremony on Friday, May 26, 8:00 PM ET, presided by the president, Dr. Weidong Li. Next, two keynote speakers, Dr. Li Li from Georgia Southern University and Dr. Jiahong Wang from Soochow University, gave their presentations. From 10:00 PM ET, the first session of the 2023 ICSPAH Academic Symposium began. This session consisted of eight oral presentation groups and lasted for about two hours.

At 8:00 PM ET, May 27, the 2023 ICSPAH General Assembly began. First, the

president-past, Dr. Bo Shen, announced service, teaching, and research awardees. Then, the 2022–2023 Executive Council officers presented annual reports. Shortly after, Bylaws revision was discussed. Dr. Yunlong Liu and Dr. Yong Gao reported the progress of the ICSPAH journal, *International Journal of Physical Activity and Health* proceeded. Two new officers (President-Elect and Student Representative) were elected. The role of president was then transferred from Dr. Weidong Li to Dr. Weiyun Chen. Finally, eight groups presented their abstracts during the second session of academic symposium.

Keynote Speakers & Topics



Dr. Li Li
Professor
Department of Health Sciences
and Kinesiology, Georgia
Southern University
*Paradox in Human Movement
Sciences and Relevant
Biomechanics Applications*



Dr. Jiahong Wang
Professor
Physical Education and Sports
School, Soochow University
*Integration of School Physical
Education and Health
Promotion in the Context of
Big Wellbeing*

Outstanding Early Career Research Award



Dr. Yubing Wang

- Assistant Professor
- Department of Kinesiology
- University of Wisconsin-Whitewater



Dr. Xiaolu Liu

- Assistant Professor
- Department of Kinesiology and Health
- Georgia State University

Outstanding Service Award



Dr. Shaoyong Yu

- Professor
- Xidian University



Dr. Tienan Song

- Professor
- Shenyang Sport University

Outstanding Service Award – Former Officer



Dr. Bo Shen

- Professor
- Wayne State University
- Former President
- International Chinese Society for Physical Activities and Health
- Served 2020–2023

Exceptional Service Award



Dr. Haichun Sun

- Professor
- University of South Florida
- Former Treasurer
- International Chinese Society for Physical Activities and Health
- Served 2019–2022

Special Thanks to the 2023 ICSPAH Academic Symposium Presiders:

Meiyuan Chen, East China Normal University

Dr. Yang Bai, University of Utah

Dr. Weiyun Chen, University of Michigan

Dr. Yong Gao, Boise State University

Dr. Weidong Li, Ohio State University

Dr. Jiling Liu, Texas A&M University

Dr. Bo Shen, Wayne State University

Dr. Zihua Yin, East China Normal University

Dr. Xiaoxia Zhang, Centenary College of Louisiana

Weiyun Chen's President Message

Dear Colleagues and Friends:

The mission of the ICSPAH is to facilitate professional growth and development among its members to promote healthy and physically active lifestyles through strengthening research and education in international communities. Our society is non-profit professional organization. We are proud of having hundreds of lifetime members, regular members, and student members who are distinguished university professors and productive scholars, dedicated physical education teachers, and motivated graduate students from USA, China, and other countries in the world. With all members' active involvements and significant contributions, our society has been steadily growing and fruitfully thriving over more than 20 years.

As the president of the ICSPAH, I will work diligently with the 2023-2024 ICSPAH Executive Council (EC) members: Dr. Jianhui Zhang (The President-Elect), Dr. Weidong Li (The Immediate Past-President), Dr. Jiling Liu (The Secretary), Dr. Xiaoxia Zhang (The Treasurer), Dr. Yang Bai (The Business Manager), and Ms. Meiyuan Chen (The Student Representative) to achieve the following objectives:

1. To improve the quality of professional services through
 - A) Creating an online abstract submission system,
 - B) Periodically updating the ICSPAH official website,
 - C) Periodically updating the ICSPAH newsletter.

2. To enhance the dissemination of cutting-edge research and innovative teaching through
 - A) Holding monthly scholar lectures via online platform,
 - B) Organizing and holding the 2024 ICSPAH Annual Conference with a format of in person and/or a hybrid,
 - C) Publishing selected abstracts presented at the 2023 Annual Conference on the *International Journal of Physical Activity and Health*, which is sponsored by the ICSPAH.

3. To facilitate collaborations between the ICSPAH EC and China's Divisions and collaborative research and teaching projects among the ICSPAH members.

Together, we are strong, active, and healthy. Looking forward to working with you for having a very successful and productive year ahead.

Respectfully,

Weiyun Chen

Weiyun Chen, Ph.D.
President of the ICSPAH
School of Kinesiology
University of Michigan
Ann Arbor, MI 48109



主席致辞

尊敬的同事和朋友们：

ICSPAH 的宗旨是通过加强国际间的科研和教育的交流与合作，促进会员事业上的成长与发展，从而达到倡导健康生活方式的目的。我们的学会是非营利性的专业组织。我们为拥有数百名终身会员、正式会员和学生会员而感到自豪，他们是来自美国、中国和世界其他国家的杰出的大学教授和多产学者、敬业的体育教师，和积极进取的研究生。在所有成员的积极参与和重大贡献下，我们的学会才得以在过去的 20 多年里稳步发展并硕果累累。

作为 ICSPAH 的现任主席，我将与 2023-2024 ICSPAH 执委会成员：张建辉博士（当选主席）、李卫东博士（前任主席）、刘继领博士（秘书长）、张晓霞博士（财务长）、白杨博士（业务主管）、陈美媛女士（学生代表）一起努力工作，完成以下目标：

1. 提高专业服务质量

- A) 创建在线摘要提交系统，
- B) 定期更新 ICSPAH 官网，
- C) 定期更新 ICSPAH 时事通讯。

2. 加强前沿研究和创新教学的传播

- A) 通过在线平台举办月度专家学者讲座，
- B) 以面对面和/或混合形式组织和举行 2024 年 ICSPAH 年会，
- C) 在 ICSPAH 赞助的，国际体育活动与健康杂志上发表在 2023 年国际华人体育与健康年会上报告的精选摘要。

3. 促进 ICSPAH 执委会与中国各分会之间的合作以及 ICSPAH 成员之间的合作研究和教学项目。

我们一起变得强壮、活跃和健康。期待与您合作，共同度过一个非常成功和富有成效的一年。

尊敬的，

陈蔚云博士
ICSPAH 主席
运动学学院
密歇根大学
安娜堡，密歇根州 48109



2023–2024 ICSPAH Executive Council Officers

President



Dr. Weiyun Chen
Associate Professor
University of Michigan

President-Elect



Dr. James Jianhui Zhang
Professor
University of Georgia

President-Past



Dr. Weidong Li
Professor
Ohio State University

Secretary



Dr. Jiling Liu
Clinical Associate
Professor
Texas A&M University

Treasurer



Dr. Xiaoxia Zhang
Assistant Professor
Centenary College of
Louisiana

Business Manager



Dr. Yang Bai
Assistant Professor
University of Utah

Student Representative



Meiyuan Chen
Doctoral Student
East China Normal
University

To learn more about ICSPAH and us, please visit <https://www.icspah.me/>



会员科研动态

Dr. Weiyun Chen, President of the ICSPAHA

Biosketch

Dr. Weiyun Chen is an associate professor of Applied Exercise Science and Director of the [Physical Activity and Health Laboratory](#) in the School of Kinesiology at the University of Michigan. Dr. Weiyun Chen's research focuses on developing, implementing, and evaluating technology-enhanced physical activity (PA) interventions to promote behavioral and mental health, cognition, and physical fitness, and psychological well-being among school-aged children, young adults, and older adults. Dr. Chen has delivered over 200 presentations at international and national conferences. She first authored one book and published over 90 peer-reviewed research articles. Dr. Chen is associate editor for *Research Quarterly for Exercise and Sport* since 2013.



Peer-Reviewed Publications

1. Marenus, M., Marzec, M., & **Chen, W.** (2023). A scoping review of workplace culture of health measures. *American Journal of Health Promotion*, 2023;0(0). doi:[10.1177/08901171231179160](https://doi.org/10.1177/08901171231179160).
2. Marenus, M., Cahuas, A., Murray, A., Friedman, K., Ottensoser, H., Hammoud, D., Sanowski, J., Kumaravel, V., & **Chen, W.** (2023). Effectiveness of web-based physical activity interventions in resilience and mindfulness. *International Journal of Environmental Research and Public Health*, 2023, 20(8), 5463; <https://doi.org/10.3390/ijerph20085463>.
3. Zhou, W., Reddy, R. M., Smith, E.M.L., Veliz, P.T., **Chen W.**, Webster, K., & Larson, J.L. (2023). Objectively measured physical activity in patients with lung cancer after surgery: Feasibility and acceptability of a longitudinal approach. *Journal of Geriatric Oncology*, [Volume 14, Issue 3](#), 101467, <https://doi.org/10.1016/j.jgo.2023.101467>.
4. Zhou, W., Veliz, P., Reddy R., Smith E., **Chen W.**, Larson, J.L. (2023). Comparison of pre-diagnosis physical activity and its correlates among lung, breast, colorectal and prostate cancer patients: accelerometer data from the UK Biobank prospective cohort. *International Journal of Environmental Research Public Health*, 20, 1001. <https://doi.org/10.3390/ijerph20021001>
5. Cahuas, A., Marenus, M., Kumaravel, V., Murray, A., Friedman, K., Ottensoser, H., & Chen, W. (2023). Perceived social support and COVID-19 impact on quality of life in college students: an observational study. *Annals of Medicine*, 55:1, 136-145, DOI: 10.1080/07853890.2022.2154943

Invited Presentation

- **Chen, W.** (2023, July 18). 4Active intervention for promoting physical activity and cognitive flexibility among older adults. As an invited speaker, I will present at the 5th World Aging and Rejuvenation Conference (ARC-2023) in Fankfurt, Germany.

Source: Weiyun Chen

Dr. Xiaoxia Zhang, Treasurer of the ICSPAH

Biosketch

Dr. Zhang is currently serving as an assistant professor in Department of Kinesiology at Centenary College of Louisiana. Dr. Zhang's research focuses on using behavioral approaches (i.e., physical activity and motor behavior) to improve physical, psychosocial, and brain health as well as reduce health disparities for children and adults with disabilities. Dr. Zhang has taught and co-constructed courses including Adapted Physical Activity, Motor Behavior, Secondary Physical Education, Exercise Assessment and Prescription, and Introduction to Kinesiology and Exercise Nutrition, etc. Dr. Zhang is a member of several organizations such as SHAPE America, NCPEID, and ACSM, and now serves as the treasurer for ICSPAH.



Recent Publications

1. **Zhang, X.**, Kern, Z.C., & Yun, J. (2023). Physical activity and mental health of parents of children with autism spectrum disorder. *Adapted Physical Activity Quarterly*, 1(aop), 1-15. <https://doi.org/10.1123/apaq.2022-0175>
2. Moss, S., **Zhang, X.**, Tamplain, P., & Gu, X. (2023). Overweight/obesity and socio-demographic disparities in children's motor and cognitive function. *Frontiers in Psychology*, 14, 2081. <https://doi.org/10.3389/fpsyg.2023.1134647>
3. **Zhang, X.**, Moss, S., & Gu, X. (2023). Disparities in physical activity and depressive symptoms before and during the early stage of the COVID-19 pandemic. *International Journal of Kinesiology and Sports Science*. 11(1), 1-9 <https://journals.aiac.org.au/index.php/IJKSS/article/view/7625>

Grant Funding

- Funding agency: SHAPE America Thomas L. McKenzie Research Grant Award
Project title: *Movements and cognitive and mental health in children with autism*
Role: Principal Investigator (08/01/2023-12/31/2024)
- Funding agency: Special Olympic Louisiana
Project title: *Unified Fitness Program for Individuals with Intellectual Disabilities*
Role: Principal Investigator (01/01/2023-12/31/2023)

Source: Xiaoxia Zhang

会员简介



耿廷芹，女，现任职于长安大学体育部（系），讲师，山东大学体育人文社会学硕士，上海体育学院体育管理学在读博士，兼任中国高等教育分会休闲体育学组理事（2016年6月—2021年6月）。长期从事体育教学和体育管理的理论与实践研究，同时

对诸多体育社会现象有着浓厚的研究兴趣。参与国家级、省部级、市级、校级科研项目多项，主持市级重点项目1项，中央高校基本科研项目1项，发表学术论文多篇；多次参加国内外学术交流会议并做主题报告、专题报告、分会场报告等，分别获得首届世界华人体育管理协会暨第八届亚洲体育管理协会科学大会二等奖1项、三等奖2项，全国高校田径科研论文报告会一等奖、二等奖多项，“一带一路”全国高校体育高峰论坛二等奖2项等。

Source: 耿廷芹

KUDOS

Con gratulations to Dr. **Tao Zhang** for being inducted as a Fellow of the North American Society (FNAS) this March during the SHAPE America Convention. Established in 1999, the North American Society (NAS) of Health, Physical Education, Recreation, Sport and Dance Professionals recognizes outstanding professionals from within the allied professions of health education, physical education, recreation, sport and dance in North America.

Dr. Zhang is the Director of Pediatric Movement and Physical Activity Laboratory at the University of North Texas (UNT). He is a lifetime member and served as the president of ICSPA. Dr. Zhang appreciates all the support from his colleagues and friends.



Source: Tao Zhang

Call for Information

If you are willing to share information about your scholarly activities and academic achievements with all ICSPA members, please do not hesitate to send the information to the secretary of ICSPA, Dr. Jiling Liu, at dalingliu@tamu.edu